## 20 September 2016

## Re: Testimonial for Haddon Todd

I have been a Bowen client for many years. I suffer from a number of long-term and painful complaints related to a serious industrial accident, and these issues were then intensified by a serious cycling accident. Over the years, I explored a diverse range of pain-reduction therapies in search of one which would provide real relief from my often debilitating pain and discomforts. However, no treatment proved successful, and many were expensive and largely a form of quackery. When I was advised to try Bowen, I was naturally sceptical of the claims made for its great healing power. The claim that it would be virtually painless and would immediately reduce my pain seemed to stretch credulity. I was not just surprised but delighted to discover that Bowen was effective and lived up to its claims. It really does do, as they say, what it says on the box.

Over the years, I have been treated by a number of Bowen therapists. All of them have been professional, caring and effective in their application of the Bowen techniques. Each Bowen therapist will have their own style, of course, and I have found that Haddon Todd's approach to Bowen serves me perfectly. He combines intensity of application with both sensitivity to my condition and deft, highly-skilled hands. He knows which areas of my body need attention, and he works conscientiously to ensure that I receive both short-term relief and longterm healing. The sessions with Haddon are effectively structured, and he deservedly earns his fee. I have recommended fellow sufferers to Haddon and will continue to do so for as long as he continues to provide his excellent healing sills to us needy pain sufferers.

Dr. Carson Bergstrom

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