

Refresh

Waxing

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| Eyebrow Wax | £10 |
| Chin Wax | £8 |
| Lip Wax | £8 |
| Lip & Chin Wax | £13 |
| Nose Wax | £13 |
| Full Face Wax | £20 |
| Underarm Wax | £15 |
| Full Arm Wax | £20 |
| Half Leg Wax | £20 |
| Full Leg Wax | £30 |
| Bikini Line Wax | £20 |
| Brazilian Wax | £30 |
| Hollywood Wax | £35 |
| Full Body Wax | £85 |

Eye Treatments

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| Eyebrow Tint | £12 |
| Lash Tint | £12 |
| Lash & Brow Tint | £20 |

Male Grooming

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| Nose Wax | £13 |
| Ear Wax | £13 |
| Ear & Nose Wax | £20 |
| Eyebrow Wax | £12 |
| Chest Wax | £25 |
| Back Wax | £30 |
| Back & Chest Wax | £50 |



Moroccan Tanning

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| Full Body | £25 |
| Legs, | £15 |
| Pre-Tan Full Body Scrub | £25 |

Welcome to our spa...
Where rest & renewal converge
to leave you feeling revived & Reborn.

REBORN HOLISTICS & BEAUTY
264 MANCHESTER ROAD,
AUDENSHAW
M34 5GJ
0161 292 1320



WWW.REBORNHOLISTICS.COM



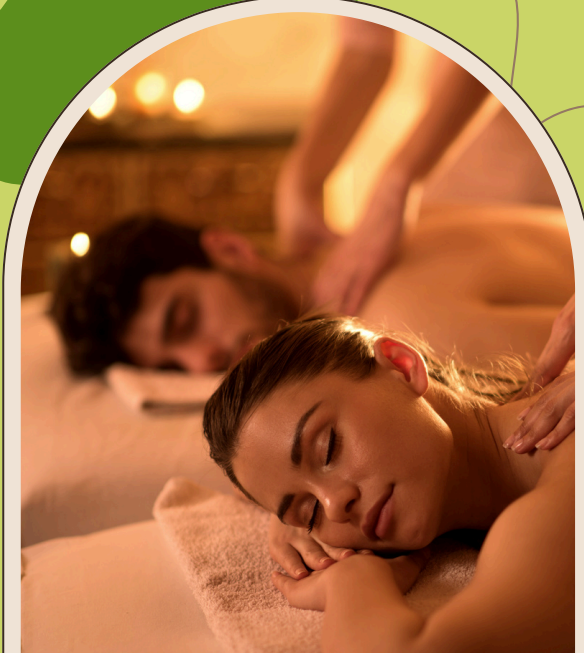
@REBORNHOLISTICSANDBEAUTY



REBORN HOLISTICS AND BEAUTY



Reserve for Your Moment of Health & Well-being!



REBORN HOLISTICS & BEAUTY

HEALTH AND WELLBEING CENTRE



RELAX • REJUVENATE • REVIVE



Relax

Ayurvedic Treatments

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| Abhyanga - Full body Massage (60 mins) | £60 |
| Abhyanga - Full body Massage (90 mins) | £70 |
| Peetha Abhyanga - Back Massage (30 mins) | £35 |
| Pada Abhyanga - Lower Leg & Feet (30 mins) | £40 |
| Shiro Abhyanga - Indian Head Massage (60 mins) | £60 |
| Pinda Sweda - Herbal Bolus Massage (60 mins) | £65 |
| Shirodara - Third Eye Drip (60 mins) | £70 |

Signature Spa Treatments

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| Signature Body Glow Scrub (45 mins) | £55 |
| Signature Udvartana - Scrub Massage (60 mins) | £65 |
| Signature Spa Massage (120 mins) | £85 |

Holistic Treatments

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| Hopi Ear Candling (30 mins) | £40 |
| Reflexology (30 mins) | £45 |
| Reflexology (60 mins) | £60 |
| Reiki (30 mins) | £35 |
| Reiki (60 mins) | £55 |

Lava Shell Treatments

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| Lava Shell Rescue Full Body (90 mins) | £95 |
| Lava Shell Recovery - Back & Legs (60 mins) | £65 |
| Lava Mama Pregnancy Massage (60 mins) | £65 |

Revive

Combination Treatments

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| Peetha Abhyanga & Soundaryam Vardini (60 mins) | £70 |
| Abhyanga Full body & Soundaryam Vardini (90 mins) | £90 |
| Abhyanga Full body & Reiki Healing (90 mins) | £80 |
| Signature Spa & Shilajita Mumiyo Facial (150 mins) | £125 |
| Pinda Bliss: Pinda Sweda & Shilajita Mumiyo(90 mins) | £98 |
| Healing Massage: Abhyanga Full body & Soundaryam Vardini & Reiki Healing (120 mins) | £120 |
| Eastern Promise: Abhyanga, Shirodara & Soundaryam Vardini (150 mins) | £160 |

Gift Vouchers are available

Release

Steamy Wonder Spa Treatments

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| Weightloss & Cellulite Reduction (120 mins) | £98 |
| Ultra Detox & Purification (120 mins) | £98 |
| Weightloss & Cellulite Reduction & Soundaryam Vardini (120 mins) | £130 |
| Ultra Detox & Purification & Soundaryam Vardini (120 mins) | £130 |

Please Note: Please bring bikini bottoms / swim briefs along for treatment

Myofascial Release Treatments

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| Myofascial Release (60 mins) | £65 |
| Myofascial Release - Upper Body (90 mins) | £90 |
| Myofascial Release - Full Body (120 mins) | £115 |

Wet Cupping Treatments

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| Hijama Wet Cupping - Back (45 mins) | £50 |
| Hijama Wet Cupping - Back, Arms, Legs (60 mins) | £70 |

Please Note: No shower for 24hrs (minimum) after wet cupping treatments

Dry Cupping Combination Treatments

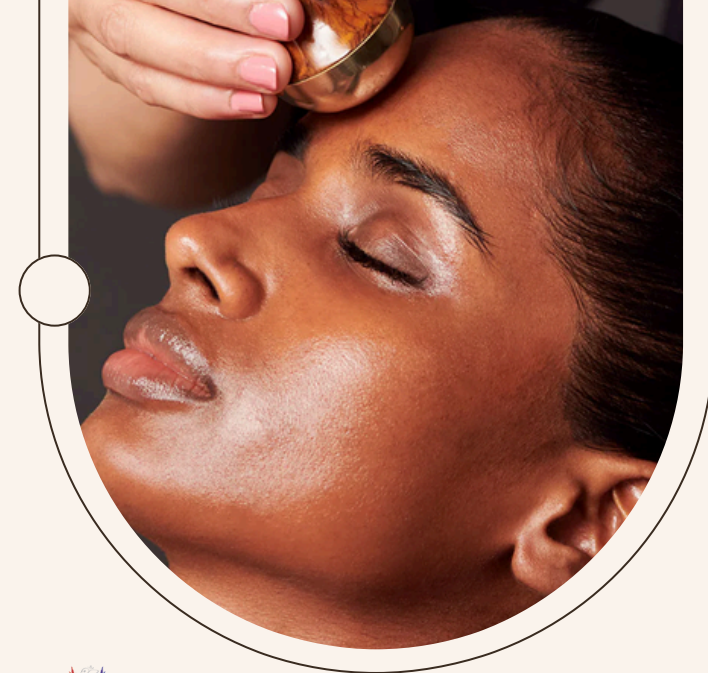
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| Melting Knots: Peetha Abhyanga & Dry Cupping (60 mins) | £65 |
| Melt Away: Abhyanga & Dry Cupping (90 mins) | £85 |



Realign

The EMMETT Technique Treatments

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| Babies (6 months - 6 years) (30 mins) | £15 |
| Young People (7 years - 16 years) (30 mins) | £25 |
| Adults (17+) (60 mins) | £55 |



Rejuvenate

Ayurvedic Facial Treatments

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| Soundaryam Vardini - Ayurvedic Facial (30 mins) | £38 |
| Soundaryam Vardini - Ayurvedic Facial (60 mins) | £58 |
| Shilajita Mumiyo - Ayurvedic Facial (60 mins) | £68 |
| KANSA - Ayurvedic Facial, Lower Leg & Foot (90 mins) | £78 |

Crystal Clear Facial Treatments

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| Stay Young anti-Aging Facial (60 mins) | £60 |
| Problem Solving - Brightening Facial (60 mins) | £50 |
| Problem Solving - Oily Skin Facial (60 mins) | £50 |
| Male Defence Facial (60 mins) | £50 |

Crystal Clear COMCIT™ Facials

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| The Frozen Facial (60 mins) | £105 |
| H2O Glow (60 mins) | £80 |
| Oxygen Therapy (60 mins) | £75 |
| Oxygen Therapy with Microdermabrasion (60 mins) | £95 |
| Acne Prone Oxygen Therapy (60 mins) | £95 |

Crystal Clear Microdermabrasion

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| Microdermabrasion Facial (60 mins) | £60 |
| Crystal Clear Back Shine (60 mins) | £50 |